



# 2021 Plantrician Education Series #2

## Fasting for Disease Reversal & Longevity Agenda\*



Saturday, June 19, 2021

(ALL TIMES ARE EASTERN STANDARD TIME, NEW YORK, USA)

TIME	DESCRIPTION	PRESENTER(S)	CME	CNE	CPEU	CPE
9:45 am – 10:00 am	Welcome and Introduction	Scott Stoll, MD	0	0	0	0
10:00 am – 11:00 am	Session 1 – Fasting in Clinical Practice	Michael Klaper, MD	1	1	1	1
11:00 am – 12:00 pm	Session 2 – Fasting: Latest Research and Application for Patients	Toshia Myers, PhD	1	1	1	1
12:00 pm – 12:30 pm	Break	-	-	-	-	-
12:30 pm – 1:30 pm	Session 3 – Disease Reversal and Longevity in Fasting Patients (Part 1)	Alan Goldhamer, DC	1	1	1	1
1:30 pm – 2:30 pm	Session 4 – Disease Reversal and Longevity in Fasting Patients (Part 2)	Alan Goldhamer, DC	1	1	1	1
2:30 pm – 3:30 pm	Break	-	-	-	-	-
3:30 pm – 4:30 pm	Session 5 – Intermittent Fasting for Longevity	Valter Longo, PhD	1	1	1	1
4:30 pm – 5:30 pm	Session 6 – Time Restricted Feeding, Chronobiology and Genomics	Satchin Panda, PhD	1	1	1	1
5:30 pm – 6:00 pm	Break	-	-	-	-	-
6:00 pm – 7:00 pm	Session 7 – Panel Discussion / Q&A	All Speakers	1	1	1	1
7:00 pm – 8:00 pm	Session 8 – Panel Discussion / Q&A	All Speakers	1	1	1	1
8:00 pm – 8:15 pm	Closing Remarks	Scott Stoll, MD	0	0	0	0

\* Agenda subject to change.

NUMBER OF CME CREDITS ARE SUBJECT TO CHANGE.

UPDATED: April 12, 2021